ALLERGENS	AUTUM/WINTER ALLERGENS			X CONTAINS ALLERGENS					ASSESS	26.06.26					
Week 2 Monday	**Dish**	**Celery**	**Shell Fish**	**Fish**	**Milk**	**Mustard**	**Peanuts**	**Soya**	**Gluten**	**Eggs**	**lupin**	**mollucus**	**Nuts**	**Seasame**	**Sulphur**
Main	GFDF Sausages							**MC**							**X**
Side	Boiled Potataoes	**MC**													**MC**
Side	Green Beans, Diced Carrot, Gravy														
Jacket Potato	Jacket Potato														
Allergen Free Cheese	Jacket Potato with Allergen Free Cheese														
Beans	Jacket Potato with Beans														
Tuna	Jacket Potato with Tuna or Salmon			**X**						**X**					
Dessert	Alpro														
Week 2 Tuesday	**Dish**	**Celery**	**Shell Fish**	**Fish**	**Milk**	**Mustard**	**Peanuts**	**Soya**	**Gluten**	**Eggs**	**Lupin**	**Molluscs**	**Nuts**	**Seasame**	**Sulphur**
Main	Mild chilli Con Carne														
Side	50/50 Rice														
Side	Tortilla Chips							**MC**							
Jacket Potato	Jacket Potato														
Allergen Free Cheese	Jacket Potato with Allergen Free Cheese														
Beans	Jacket Potato with Beans														
Tuna	Jacket Potato with Tuna or Salmon			**X**						**X**					
Dessert	Fresh fruit slice														
Week 2 Wednesday	**Dish**	**Celery**	**Shell Fish**	**Fish**	**Milk**	**Mustard**	**Peanuts**	**Soya**	**Gluten**	**Eggs**	**Lupin**	**Molluscs**	**Nuts**	**Seasame**	**Sulphur**
Main	Chicken Fajita														
Side	GFDF Pasta														
Side	Mixed Salad														
Jacket Potato	Jacket Potato														
Allergen Free Cheese	Jacket Potato with Allergen Free Cheese														
Beans	Jacket Potato with Beans														
Tuna	Jacket Potato with Tuna or Salmon			**X**						**X**					
Dessert	GFDF Chocolate muffin									**X**					
Week 2 Thursday	**Dish**	**Celery**	**Shell Fish**	**Fish**	**Milk**	**Mustard**	**Peanuts**	**Soya**	**Gluten**	**Eggs**	**Lupin**	**Molluscs**	**Nuts**	**Seasame**	**Sulphur**
Main	Roast Beef														
Side	New Potatoes														
Side	Cauliflower, Cabbage, Gravy														
Jacket Potato	Jacket Potato														
Allergen Free Cheese	Jacket Potato with Allergen Free Cheese														
Beans	Jacket Potato with Beans														
Tuna	Jacket Potato with Tuna or Salmon			**X**						**X**					
Dessert	Watermelon slice														
Week 2 Friday	**Dish**	**Celery**	**Shell Fish**	**Fish**	**Milk**	**Mustard**	**Peanuts**	**Soya**	**Gluten**	**Eggs**	**Lupin**	**Molluscs**	**Nuts**	**Seasame**	**Sulphur**
Main	GF/DF Fish Fingers			**X**											
Side	Chips														
Side	Peas														
Jacket Potato	Jacket Potato														
Allergen Free Cheese	Jacket Potato with Allergen Free Cheese														
Beans	Jacket Potato with Beans														
Tuna	Jacket Potato with Tuna or Salmon			**X**						**X**					
Dessert	GFDF Flapjack														