

ALLERGENS	AUTUM/WINTER ALLERGENS		X CONTAINS ALLERGENS						ASSESS	26.06.26					
Week 2 Monday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Baked Sausages							X	X						X
Vegetarian	Quorn Sausages								X						
Side	Boiled Potatoes	MC													
Side	Green Beans, Diced Carrots, Gravy														
Dessert	Fruit Yoghurt				X										
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					
Week 2 Tuesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Mild Chilli Con Carne														
Vegetarian	Meat Free Chilli							X							
Side	50/50 Rice														
Side	Tortilla Chips							MC							
Dessert	Fresh Fruit Slice														
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					
Week 2 Wednesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Chicken Fajita				X				X						
Vegetarian	Quorn Chicken Fajita				X				X	X					
Side	50/50 Pasta								X						
Side	Mixed Vegetables														
Dessert	Strawberry Mousse				X										
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					
Week 2 Thursday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Roast Beef with Yorkshire Pudding				X				X	X					
Vegetarian	Veggie Toad in the Hole				X				X	X					
Side	Cauliflower, Cabbage, Gravy														
Side															
Dessert	Watermelon Slice														
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					
Week 2 Friday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Fish			X					X						
Vegetarian	Vegan Buritto								X						
Side	Chips														
Side	Beans														
Dessert	Pancake with Forest of Fruits				MC				X	MC					
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					