

ALLERGENS	AUTUM/WINTER ALLERGENS		X CONTAINS ALLERGENS						ASSESSED ON 0		26.06.26				
Week 1 Monday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	BBQ Chicken Wrap								X						
Vegetarian	Halloumi Wrap				X				X						
Side	Pasta Salad								X						X
Side	Coleslaw														
Dessert	Cheese and Crackers				X				X	MC				MC	
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					
Week 1 Tuesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Chicken and Veg curry														
Vegetarian	Vegetable Curry								MC						
Side	50/50 Rice														
Side	Naan Bread								X						
Dessert	Fresh Fruit Slice														
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					
Week 1 Wednesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Beef Lasagne				X				X	X					
Vegetarian	Vegetable Lasagne				X				X	X					
Side	Garlic Bread				MC			MC	X						
Side	Mixed Salad														
Side															
Dessert	Fruit Jelly														
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					
Week 1 Thursday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Roast Chicken														
Vegetarian	Quorn Fillet								X						
Side	Roast Potatoes	MC													
Side	Broccoli, Diced Carrots, Gravy														
Dessert	Watermelon Slice														
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					
Week 1 Friday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Fish Cake			X	X	X			X						
Vegetarian	Vegetable Burger								X					MC	
Side	Chips														
Side	Beans														
Dessert	Apple Flapjack								X						
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					