

ALLERGENS	AUTUMN WINTER 2025		X CONTAINS ALLERGENS						ASSESSED ON 18/06/2024						
Week 3 Monday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Pork Sausage Roll				MC	MC			X	MC					
Vegetarian	Vegan Sausage Roll				MC			X	X						
Side	Potato Rosti Bites				MC				MC	MC					
Side	Baked Beans														
Dessert	Apricot & Ginger Flapjack								X						X
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon				X					X					
Week 3 Tuesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Butter Chicken Curry				X				MC						X
Vegetarian	Roasted Cauliflower Curry								X						
Side	Rice														
Side	Naan Bread								X						
Dessert	Strawberry Ice Cream Pot				X										
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					
Week 3 Wednesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Macaroni Cheese				X	X			X						
Vegetarian	Country Vegetable Bake				X				X						
Side	Broccoli														
Side	Sweetcorn														
Dessert	Chocolate Sprinkle Cake								X	X					
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					
Week 3 Thursday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Roast Chicken														
Vegetarian	Quorn Burger				X				X	X				MC	
Side	Crispy Roast Potatoes	MC													
Side	Country Vegetables & Gravy														
Side	Stuffing								X						
Dessert	Manderins														
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					
Week 3 Friday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Fish Fingers			X					X						
Vegetarian	Cheese & Onion Pasty				X				X						
Side	Chips														
Side	Beans														
Dessert	Australian Crunch								X						X
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					