

ALLERGENS	AUTUMN WINTER 2025	X CONTAINS ALLERGENS								ASSESSED ON 18/06/2024					
Week 1 Monday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Vegan Meatball Tagine							X	MC						
Vegetarian	Vegetable Goulash														
Side	Confetti Rice														
Side	Sweetcorn														
Side															
Dessert	Vanilla Shortbread								X						
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					
Week 1 Tuesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Baked Sausages							X	X						X
Vegetarian	Quorn Vegan Sausage								X						
Side	Mashed Potato	MC													
Side	Baby Carrots, Cauliflower & Gravy														
Dessert	Jamacian Ginger Cake								X	X					
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					
Week 1 Wednesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Chicken in a Creamy Tomato Sauce				X										
Vegetarian	Tomato & Basil Sauce														
Side	Penne Pasta								X						
Side	Green Beans														
Dessert	Peaches & Ice Cream				X										
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					
Week 1 Thursday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Roast Beef & Yorkshire Pudding				X				X	X					
Vegetarian	Vegetable Burger								X					MC	
Side	Crispy Roast Potatoes	MC													
Side	Cabbage, Carrots & Gravy														
Dessert	Jam & Coconut Sponge								X	X					
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					
Week 1 Friday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Fish Fingers			X					X						
Vegetarian	Vegan Hot Dog							MC	X					MC	
Side	Chips														
Side	Beans														
Dessert	Fruit Cocktail & Yoghurt				X										
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				X										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna or Salmon			X						X					