

ALLERGENS		AUTUMN/WINTER 2023		X CONTAINS ALLERGENS						ASSESSED ON 14/08/2023						
Week 2 Monday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Hot Dogs & Tomato Sauce							X	X					MC	X	
Vegetarian	Vegan Sausage Roll				MC			X	X							
Side	Potato Wedges															
Side	Beans															
Dessert	Lemon & Orange Cake								X	X						
Jacket Potato	Jacket Potato															
Cheese	Jacket Potato & Cheese				X											
Beans	Jacket Potato & Beans															
Tuna	Jacket Potato & Tuna			X						X						
Week 2 Tuesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Beef Chilli Con Carne															
Vegetarian	Mixed Bean Chilli															
Side	Rice															
Side	Peas															
Dessert	Apple & Berry Crumble & Custard				X				X							
Jacket Potato	Jacket Potato															
Cheese	Jacket Potato & Cheese				X											
Beans	Jacket Potato & Beans															
Tuna	Jacket Potato & Tuna			X						X						
Week 2 Wednesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Baked Sausages							X	X						X	
Vegetarian	Roasted Quorn Fillet								X							
Side	Mashed Potato	MC														
Side	Mixed Vegetables & Gravy															
Dessert	Spiced Pumpkin Cake								X	X						
Jacket Potato	Jacket Potato															
Cheese	Jacket Potato & Cheese				X											
Beans	Jacket Potato & Beans															
Tuna	Jacket Potato & Tuna			X						X						
Week 2 Thursday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Roast Pork & Stuffing								X							
Vegetarian	Roasted Veg Pasta Bake				X			X	X							
Side	Crispy Roast Potatoes	MC														
Side	Cabbage, Cauliflower & Gravy															
Dessert	Pineapple Cake								X	X						
Jacket Potato	Jacket Potato															
Cheese	Jacket Potato & Cheese				X											
Beans	Jacket Potato & Beans															
Tuna	Jacket Potato & Tuna			X						X						
Week 2 Friday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur	
Main	Fish Fingers			X					X							
Vegetarian	Halloumi Fries in a Wrap				X				X							
Side	Chips															
Side	Peas															
Dessert	Chocolate & Vanilla Marble Cake								X	X						
Jacket Potato	Jacket Potato															
Cheese	Jacket Potato & Cheese				X											
Beans	Jacket Potato & Beans															
Tuna	Jacket Potato & Tuna			X						X						