

Week 3 Thursday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Cereal/Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Choice1	Baked Gammon & Pineapple														
Choice 2	Vegetable Burger								✓						
Side	Mashed Potatoes														
Vegetable	Carrots & Green Beans														
	Gravy														
Jacket Potato (JP)	Jacket Potato														
JP Filling	Cheese				✓										
JP Filling	Baked Beans														
JP Side	Side Salad														
Dessert	Fruit Salad														
	Cream				✓										
GF & DF Main	Baked Gammon & Pineapple														
GF & DF Side	Mashed Potatoes														
GF & DF Vegetable	Carrots & Green Beans														
	Gravy														
GF & DF Dessert	Fruit Salad & Alpro Dessert							✓							

Week 3 Friday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Cereal/Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Choice1	MSC Battered Pollock Fillet			✓					✓						
Choice 2	Cheese & Tomato Pizza				✓				✓						
Side	Chips														
Vegetable	Garden Peas														
	Tomato Ketchup														
Jacket Potato (JP)	Jacket Potato														
JP Filling	Cheese				✓										
JP Filling	Baked Beans														
JP Side	Side Salad														
Dessert	Raspberry Mousse				✓										
GF & DF Main	Breaded Fish Fingers			✓											
GF & DF Side	Chips														
GF & DF Vegetable	Garden Peas														
GF & DF Dessert	Alpro Dessert							✓							