



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Weeks commencing: 31/08/20, 21/09/20, 12/10/20, 09/11/20, 30/11/20</b>					
<b>GF &amp; DF Main</b>	Chicken in Tomato Sauce	Pork Loin & Gravy	Beef Pasta Bolognese	Roast Chicken & Gravy	Poached Fish Fillet
<b>GF &amp; DF Side</b>	Steamed Rice	New Potatoes	Genius Garlic Bread	Roast Potatoes	Chips
<b>GF &amp; DF Vegetable</b>	Garden Peas	Broccoli & Sweetcorn	Mixed Salad	Carrots & Green Beans	Baked Beans
<b>GF &amp; DF Dessert Choice</b>	Alpro Dessert	Jelly Pot	Alpro Dessert	Jelly Pot	Alpro Dessert

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Weeks commencing: 07/09/20, 28/09/20, 19/10/20, 16/11/20, 07/12/20</b>					
<b>GF &amp; DF Main</b>	Pork loin	Beef Pasta Bolognese	Chicken & Ham in Tomato Sauce	Roast Pork & Gravy	Crumbed Fish Fillet
<b>GF &amp; DF Side</b>	Baked Jacket Potato Wedges	Genius Bread	Steamed Rice	Roast Potatoes	Chips
<b>GF &amp; DF Vegetable</b>	Baked Beans	Carrots & Peas	Farmhouse Vegetables	Broccoli & Cabbage	Garden Peas & Tomato Ketchup
<b>GF &amp; DF Dessert Choice</b>	Jelly Pot	Alpro Dessert	Jelly Pot	Alpro Dessert	Jelly with Fruit

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Weeks commencing: 14/09/20, 05/10/20, 02/11/20, 23/11/20, 14/12/20</b>					
<b>GF &amp; DF Main</b>	Chicken Dice	Baked Gammon & Gravy	Pork Meatballs in Tomato Sauce	Roast Beef	Baked Fish Fillet
<b>GF &amp; DF Side</b>	Baked Jacket Potato Wedges	Parsley Potatoes	Steamed Rice	Roast Potatoes	Chips
<b>GF &amp; DF Vegetable</b>	Baked Beans	Carrots & Green Beans	Sweetcorn & Garden Peas	Broccoli & Cauliflower	Garden Peas & Tomato Ketchup
<b>GF &amp; DF Dessert Choice</b>	Alpro Dessert	Jelly Pot	Alpro Dessert	Jelly Pot	Alpro Dessert

**Should your child have a medically diagnosed dietary requirement which cannot be met by this menu please contact our office on 01278 427171. We will be happy to discuss your child's specific requirements and create a menu suitable for their dietary needs.**

Jacket potato with cheese & baked beans available daily. Fresh drinking water & wholemeal bread are available daily. A fresh fruit bowl is offered as an alternative to the dessert options.

We use Gluten Free Pasta, Flour & Gravy in our recipes.

