

Week 3 Monday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Cereal/Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Chicken Nuggets				✓				✓						
Vegetarian	Vegetable Nuggets								✓						
Side	Jacket Potato Wedges														
Vegetable	Baked Beans														
Dessert	Fruit Yoghurt				✓										
GF & DF Main	Chicken Dice														
GF & DF Side	Jacket Potato Wedges														
GF & DF Vegetable	Baked Beans														
GF & DF Dessert	Alpro Dessert							✓							

Week 3 Tuesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Cereal/Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Roast Turkey														
	Gravy														
Vegetarian	Roasted Quorn Fillet									✓					
Side	Roast Potatoes														
Vegetable	Carrots & Green Beans														
	Gravy														
Dessert	Raspberry Mousse				✓										
GF & DF Main	Roast Turkey														
GF & DF Side	Roast Potatoes														
GF & DF Vegetable	Carrots & Green Beans														
	Gravy														
GF & DF Dessert	Jelly Pot														

Week 3 Wednesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Cereal/Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Pork Meatballs & Tomato Sauce														✓
Vegetarian	Quorn Pieces in Tomato Sauce								✓	✓					✓
Side	Steamed Rice														
Vegetable	Sweetcorn & Peas														
Dessert	Cheese & Biscuits				✓				✓	✓				✓	
GF & DF Main	Pork Meatballs & Tomato Sauce														
GF & DF Side	Steamed Rice														
GF & DF Vegetable	Sweetcorn & Peas														
GF & DF Dessert	Alpro Dessert							✓							

