



| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---------------------|-----------------------|----------------------|-----------------------|---------------------|
| Weeks commencing: 06/01/20, 27/01/20, 24/02/20, 16/03/20 | | | | | |
| GF & DF Main | Pork Loin | Roast Chicken & Gravy | Beef Pasta Bolognese | Roast Gammon & Gravy | Poached Fish Fillet |
| GF & DF Side | Baked Jacket Wedges | Roast Potatoes | | New Potatoes | Chips |
| GF & DF Vegetable | Baked Beans | Broccoli & Sweetcorn | Farmhouse Vegetables | Carrots & Green Beans | Garden Peas & |
| GF & DF Dessert Choice | Alpro Dessert | Fruit & Jelly | Alpro Dessert | Jelly Pot | Alpro Dessert |

| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|-------------------------|-----------------------|---------------------------|--------------------|------------------------------|
| Weeks commencing: 13/01/20, 03/02/20, 02/03/20, 23/03/20 | | | | | |
| GF & DF Main | Chicken in Tomato Sauce | Roast Pork & Gravy | Bacon & Tomato Pasta Bake | Roast Beef & Gravy | Crumbed Fish Fillet |
| GF & DF Side | Steamed Rice | Parsley Potatoes | Genius Bread | Roast Potatoes | Chips |
| GF & DF Vegetable | Sweetcorn & Garden Peas | Carrots & Cauliflower | Farmhouse Vegetables | Broccoli & Cabbage | Garden Peas & Tomato Ketchup |
| GF & DF Dessert Choice | Jelly Pot | Alpro Dessert | Jelly Pot | Alpro Dessert | Fruit & Jelly |

| Week 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|----------------------------|-----------------------|--------------------------------|----------------------|---|
| Weeks commencing: 20/01/20, 10/02/20, 09/03/20, 30/03/20 | | | | | |
| GF & DF Main | Chicken Dice | Roast Turkey & Gravy | Pork Meatballs in Tomato Sauce | Beef Hot Pot | Baked Fish Fillet |
| GF & DF Side | Baked Jacket Potato Wedges | Roast Potatoes | Steamed Rice | Parsley Potatoes | Chips |
| GF & DF Vegetable | Baked Beans | Carrots & Green Beans | Sweetcorn & Garden Peas | Farmhouse Vegetables | Garden Peas, Sweetcorn & Tomato Ketchup |
| GF & DF Dessert Choice | Alpro Dessert | Jelly Pot | Alpro Dessert | Jelly Pot | Alpro Dessert |

Should your child have a medically diagnosed dietary requirement which cannot be met by this menu please contact our office on 01278 423 870. We will be happy to discuss your child's specific requirements and create a menu suitable for their dietary needs.

Jacket potato with cheese & baked beans available daily. Fresh drinking water & wholemeal bread are available daily. A fresh fruit bowl is offered as an alternative to the dessert options.

We use Gluten Free Pasta, Flour & Gravy in our recipes.

